

University of Missouri-Extension

# The Winning Edge I: Mental Preparation for Violent Encounters

September 18, 2017 • 8 a.m. – 5 p.m. Held at: Lee's Summit Police Department 10 NE Tudor Rd. Lee's Summit, MO 64086 For more information, contact Schwartzec@Missouri.edu

Through extensive use of case studies and class participation, this interactive course examines and discusses armed police encounters for key learning points. It uses the lessons learned from officers who have "been there" to prepare attendees to control violent encounters on the street, with a special focus on the winning attitude and other essential mental skills needed to win. These mental skills prepare officers to approach violent encounters in a manner that often discourages resistance and, if resistance can't be avoided, to overcome it in a controlled manner that significantly reduces the risk of inappropriate force. Participants also learn ways to improve their performance when learning and practicing firearms and other officer safety skills. Finally, common threats that are seldom addressed elsewhere are presented, and participants are provided with practical tactics for dealing with them.

## \*Law Enforcement Personnel Only

Visa 🔘

Registration fee: \$125

Early registration is advised. For additional information, please contact our office.

MasterCard (

## **Continuing Education Credit**

- Interpersonal Perspectives (7 hours)
- Legal Studies (1 hour)

8 hours total

# Topics addressed include the following:

- · How to develop a positive attitude
- Situational awareness
- Tactical thinking and mental flexibility
- Planning for violent encounters
- · Overcoming common mental & tactical pitfalls
- Renewing your commitment to training & safety
- How to use mental imagery to prepare for violent encounters
- Improving performance when learning/practicing firearms & other officer safety skills
- · Responding to violent off-duty encounters
- Four principles for responding to a close-quarters armed attack
- Practical weapon retention to a close-quarters armed attack

### Instructor:

Brian McKenna is the owner of WINNING EDGE TRAINING and its sole instructor. He recently retired after 30 years with the Hazelwood (MO) Police Department. At the time of his retirement, he was assigned to the patrol division as a shift supervisor (lieutenant), and also served as an in-service trainer and lead firearms instructor. He is a state certified police instructor and former academy instructor, and holds a Master's Degree in human resource development.

#### September 18 • Lee's Summit, MO • \$125 Name: Title: Agency phone: Agency: Agency address: POST License # Social Security number: (Last 4) Date of birth: Home address: E-mail address: Cell Phone: Payment enclosed $\ \square$ Credit Card Invoice department Mail check in before the start of class Payment type: Please call the office to pay with a credit card 573-882-6021-after registration has been sent in (check one)

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